

# Psalm 18

## 7-DAY READING AND REFLECTION PLAN

### DAY 1 – THE GOD WHO IS MY ROCK

**Read:** Psalm 18:1–6

**Theme:** *Where do you run when trouble hits?*

David opens not with victory, but with relationship. God isn't just powerful — He is personal: rock, fortress, deliverer.

**Reflect:**

- What do I instinctively run to when I feel overwhelmed?
- Do I see God more as a refuge or a last resort?

**Prayer Focus:**

"Lord, teach me to run to You first, not last."

### DAY 2 – THE GOD WHO MOVES HEAVEN TO SAVE

**Read:** Psalm 18:7–19

**Theme:** *God fights for His people*

This is one of the most dramatic rescue scenes in Scripture — thunder, fire, shaking earth — all to save one of His children.

**Reflect:**

- Where do I need to remember that God is fighting for me?
- How does this change the way I pray?

**Prayer Focus:**

"Thank You for being a God who moves to rescue."

### DAY 3 – THE GOD WHO REWARDS FAITHFULNESS

**Read:** Psalm 18:20–29

**Theme:** *God honors wholehearted trust*

David isn't claiming perfection — he's talking about loyalty. God responds to hearts that pursue Him sincerely.

**Reflect:**

- Where is God inviting me into deeper obedience?
- What does "walking blamelessly" look like in my daily life?

**Prayer Focus:**

"Align my heart with Yours, Lord."

### DAY 4 – THE GOD WHO TRAINS MY HANDS FOR BATTLE

**Read:** Psalm 18:30–45

**Theme:** *Strength for the fight*

God doesn't just rescue us — He equips us. He makes David strong, steady, and victorious.

**Reflect:**

- What battle am I currently in?
- Where do I need God's strength instead of my own?

**Prayer Focus:**

"Make me strong in You, not in myself."

### DAY 5 – THE GOD WHO GIVES THE VICTORY

**Read:** Psalm 18:46–48

**Theme:** *Gratitude for deliverance*

After the battle comes worship. David stops to give glory where it belongs.

**Reflect:**

- What victories has God already given me that I haven't thanked Him for?
- How can I be more intentional about praise?

**Prayer Focus:**

"Thank You for every rescue, big and small."

### DAY 6 – THE GOD WHO IS FAITHFUL TO HIS PEOPLE

**Read:** Psalm 18:49–50

**Theme:** *God's faithfulness outlives the battle*

David looks beyond himself — to future generations, to God's covenant faithfulness.

**Reflect:**

- How has God shown His faithfulness across my life?
- Who might be strengthened by my testimony?

**Prayer Focus:**

"Let my life declare Your faithfulness."

### DAY 7 – TELLING THE STORY OF GOD'S DELIVERANCE

**Read:** Psalm 18 (entire psalm)

**Theme:** *Remembering what God has done*

Now read it as a whole — not just poetry, but testimony. This is David's story of rescue, told for God's glory.

**Reflect:**

- Where do I see my own story in this psalm?
- What rescue does God want me to remember and celebrate?

**Prayer Focus:**

"Thank You for being my Rock, my Savior, and my Deliverer."